



Name:

Client Checklist

First Visit

NA

- ☐ ☐ Questions
- ☐ ☐ BMI 40+ Anesthesiology Consult
- ☐ ☐ Vitals
- ☐ ☐ Initial Labwork
- ☐ ☐ Weight Gain (10 wks) | Discussion
- ☐ ☐ Healthy Pregnancy at Every Size | Discussion & IC
- ☐ ☐ Review Each Registration Tab w/ Client
- ☐ ☐ Birth Cottage Consents Received
- ☐ ☐ What to Avoid in Pregnancy | Discuss & Template
- ☐ ☐ Due Date Established | Discussion
- ☐ ☐ Physical Exam
- ☐ ☐ Occupation Exposures | Discussion
- ☐ ☐ Initial Consents Signed | Discussion
- ☐ ☐ Virtual Visits | Discussion
- ☐ ☐ Partner Visits (*)
- ☐ ☐ Fish & Mercury Message
- ☐ ☐ Qualifies for Nurse-Family Partnership, Open Arms, or Family Ways? | Discussion
- ☐ ☐ Initial Visit Chart Alerts
- ☐ ☐ Text Line | Send
- ☐ ☐ Nitrous | Discussion
- ☐ ☐ Send Checklist to Client
- ☐ ☐ MANA Entered

12-16 Weeks

NA

- ☐ ☐ Questions
- ☐ ☐ Chart Alerts
- ☐ ☐ Vitals
- ☐ ☐ Red Raspberry Leaf Tea | Handout
- ☐ ☐ Add PHQ9/GAD7 alert to next appointment
- ☐ ☐ Review First Trimester Labwork | Discussion
- ☐ ☐ ASA | Discussion & Handout - <https://shorturl.at/KzdA5>
- ☐ ☐ Rh Neg: Partner testing & CFDNA | Discussion
- ☐ ☐ Prepare for GAD7/PHQ9 at next visit | Discussion
- ☐ ☐ Weight Gain (12 wks) | Discussion
- ☐ ☐ Doula | IC
- ☐ ☐ Cord Blood Banking | Discussion
- ☐ ☐ Fetal Survey | Schedule
- ☐ ☐ Delayed Cord Clamping | Discussion
- ☐ ☐ AMA Discussion & Consent PRN



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16-20 Weeks

NA

- ☐ ☐ Chart Alerts
- ☐ ☐ Vitals
- ☐ ☐ Questions
- ☐ ☐ CBE Referral | Template
- ☐ ☐ Homebirth: Birth Tub Options | Consent
- ☐ ☐ Establish Primary Care | Discussion
- ☐ ☐ Carseat | Template
- ☐ ☐ TENS | Handout
- ☐ ☐ Probiotics | Template
- ☐ ☐ Weight Gain (16 wks) | Discussion
- ☐ ☐ GAD7/PHQ9 Form

20-24 Weeks

NA

- ☐ ☐ Questions
- ☐ ☐ Chart Alerts
- ☐ ☐ Vitals
- ☐ ☐ RPR Re-screening Discussion
- ☐ ☐ Weight Gain (20 wks) | Discussion
- ☐ ☐ GDM Screening Options | Graphic
- ☐ ☐ Pre-Circumcision | Handout
- ☐ ☐ Rhogam (RH Negative) | Discussion
- ☐ ☐ Placenta Options | IC
- ☐ ☐ Birth Attendants | Discussion
- ☐ ☐ Review Fetal Survey | Discussion
- ☐ ☐ Flu Vaccine | Discussion
- ☐ ☐ Homebirth: Birthkit & Related Supplies | Handout
- ☐ ☐ RSV Vaccine | Discussion
- ☐ ☐ Packing List (birth center)
- ☐ ☐ Send GDM Instructions Template
- ☐ ☐ TDaP | Discussion

24-28 Weeks

NA

- ☐ ☐ Questions
- ☐ ☐ Chart Alerts
- ☐ ☐ Vitals
- ☐ ☐ Prepare for GAD7/PHQ9 at next visit | Discussion
- ☐ ☐ GDM/CBC/AB/RPR Screen at 28 Weeks | Lab
- ☐ ☐ Rhogam (RH Negative) | Administration
- ☐ ☐ Weight Gain (24 wks) | Discussion
- ☐ ☐ Blood Pressure Cuff Loan
- ☐ ☐ Early Labor Primips | Discussion
- ☐ ☐ *Circumcision | Discussion
- ☐ ☐ Pediatrician | Handout
- ☐ ☐ PROM Expectations | Discussion



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28-32 Weeks

NA

- ☐ ☐ Questions (28)
- ☐ ☐ Chart Alerts (28 wks)
- ☐ ☐ Vitals (28)
- ☐ ☐ *Vitamin K | Discussion & IC (28)
- ☐ ☐ *Erythromycin Eye Ointment | Discussion & IC (28)
- ☐ ☐ PHQ9/GAD7 Form (28)
- ☐ ☐ Weight Gain (28) | Discussion
- ☐ ☐ Chart Alerts (30)
- ☐ ☐ Vitals (30)
- ☐ ☐ Questions (30)
- ☐ ☐ Review GDM & CBC Results | Discussion (30)
- ☐ ☐ Newborn Metabolic Screen | Discussion (30)
- ☐ ☐ Newborn Heart Defect Screening | Discussion (30)
- ☐ ☐ Hearing Screen Discussion (30)
- ☐ ☐ Weight Gain (30) | Discussion
- ☐ ☐ Questions (32)
- ☐ ☐ Chart Alerts (32)
- ☐ ☐ Vitals (32)
- ☐ ☐ Postpartum Pain Management Multis | Template (32)
- ☐ ☐ Optimal Fetal Positioning/Breech Babies | Discussion (32)
- ☐ ☐ When to Contact in Labor | Discussion (32)

32-36 Weeks

NA

- ☐ ☐ Vitals (32)
- ☐ ☐ Questions (34)
- ☐ ☐ Vitals (34)
- ☐ ☐ Chart Alerts (34)
- ☐ ☐ Chart Alerts (32)
- ☐ ☐ Questions (32)
- ☐ ☐ Gentle Birth/Polly Jean Formula | Template (32)
- ☐ ☐ Homebirth: Schedule 37 Week Home Visit (32)
- ☐ ☐ How to Time Ctx/App | Template (32)
- ☐ ☐ Breastpump | Template (32)
- ☐ ☐ Weight Gain (32) | Discussion
- ☐ ☐ *Birth Plan | Worksheet (34)
- ☐ ☐ Discuss 36 Week Ultrasound (34)
- ☐ ☐ Discontinue Fish Oil by 36 Weeks | Discussion (34)
- ☐ ☐ Weight Gain (34) | Discussion
- ☐ ☐ Repeat CBC if previously moderate to severe (34)
- ☐ ☐ GBS | Discussion (34)
- ☐ ☐ Weight Gain (36) | Discussion
- ☐ ☐ Perform 36 Week Ultrasound (36)
- ☐ ☐ 36 Week NST PRN
- ☐ ☐ 36 Week Full-Term Folder
- ☐ ☐ Practice Ctx Timer App (36)
- ☐ ☐ GBS Screen (36)
- ☐ ☐ Homebirth: Give Birth Tub & Towel Service at 36 wks (confirm if paid)

37 Week Visit

NA

- ☐ ☐ Chart Alerts (37)
- ☐ ☐ Questions
- ☐ ☐ Vitals
- ☐ ☐ 37 Week NST PRN
- ☐ ☐ *Precipitous Labor (37)
- ☐ ☐ GBS Results + Neonatal Handout PRN (37)
- ☐ ☐ Unassisted waterbirth protocol (37)
- ☐ ☐ *Homebirth Home Visit: Birth Supplies Location (37)
- ☐ ☐ *Homebirth Home Visit: Turn Up Hot Water Tank (37)
- ☐ ☐ *Homebirth Home Visit: Setting Up Birth Tub & Draining (37)
- ☐ ☐ *Homebirth: Pets in Labor (37)
- ☐ ☐ *Homebirth Home Visit: WiFi (37)
- ☐ ☐ *Homebirth: Home Visit (37)
- ☐ ☐ *Homebirth: Picture of Home
- ☐ ☐ *Homebirth: Midwife & Assistant Parking (37)
- ☐ ☐ *Homebirth: Birth Kit Received? (37)
- ☐ ☐ Weight (37 wks) | Discussion



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FM 38-39 Weeks

NA

- ☐ ☐ Vitals (38)
- ☐ ☐ Chart Alerts (39)
- ☐ ☐ Vitals (39)
- ☐ ☐ Questions (38)
- ☐ ☐ Chart Alerts (38)
- ☐ ☐ Questions (39)
- ☐ ☐ Breastfeeding Slideshow/Class (38)
- ☐ ☐ 38 Week NST PRN
- ☐ ☐ Transfer expectations | Discussion + Template (38)
- ☐ ☐ Vitamin K | IC Received (38)
- ☐ ☐ Eye Ointment | IC Received (38)
- ☐ ☐ Weight (38) | Discussion
- ☐ ☐ 39 Week NST PRN
- ☐ ☐ *When MW Arrives in Labor | Discussion & Template (39)
- ☐ ☐ Resuscitation equipment | Discussion (39)
- ☐ ☐ Weight (39) | Discussion
- ☐ ☐ Membrane Sweep Option after 40 Weeks (39)
- ☐ ☐ Bag Ready

40+ Weeks

NA

- ☐ ☐ Chart Alerts (40)
- ☐ ☐ Chart Alerts (41)
- ☐ ☐ Questions
- ☐ ☐ Vitals
- ☐ ☐ IC Postdates
- ☐ ☐ Repeat GBS Testing 4 weeks from initial test
- ☐ ☐ Weight (40) | Discussion
- ☐ ☐ 40 Week NST PRN
- ☐ ☐ Membrane Sweep
- ☐ ☐ 41 Week NST vs BPP
- ☐ ☐ 41-1/2 Week BPP vs NST
- ☐ ☐ IC Castor Oil
- ☐ ☐ Weight (41) | Discussion

24-48 Hour

NA

- ☐ ☐ Questions
- ☐ ☐ Vitals
- ☐ ☐ CCHD Screen
- ☐ ☐ Maternal & Infant Vitals
- ☐ ☐ Fundus
- ☐ ☐ First NBS

3-5 Day

NA

- ☐ ☐ Tx: Enter NB DOB, time of birth, weight, length, birth summary
- ☐ ☐ Questions
- ☐ ☐ Returned folder?
- ☐ ☐ Chart Alerts
- ☐ ☐ Vitals
- ☐ ☐ CBC + RPR PRN
- ☐ ☐ Fundus
- ☐ ☐ Bilirubin PRN
- ☐ ☐ Footprints

7-14 Days

NA

- ☐ ☐ Questions
- ☐ ☐ Chart Alerts
- ☐ ☐ Vitals
- ☐ ☐ Hearing Screen
- ☐ ☐ Second NBS
- ☐ ☐ Oral Vitamin K PRN
- ☐ ☐ Preparing for Introducing a Bottle at 4 Weeks
- ☐ ☐ Preparing for a gassy baby 2-6 weeks
- ☐ ☐ Scheduling with Pediatrician
- ☐ ☐ Fundus
- ☐ ☐ Postpartum Supplements



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3-5 Weeks

NA

- ☐ ☐ Questions
- ☐ ☐ Chart Alerts
- ☐ ☐ Vitals
- ☐ ☐ Reminder to Return Doppler/BP Cuff Loan/Books
- ☐ ☐ SSN Received?
- ☐ ☐ Lochia
- ☐ ☐ Discuss Pap Smear
- ☐ ☐ Oral Vitamin K PRN
- ☐ ☐ Resuming Intimacy
- ☐ ☐ Discuss GDM retest PRN
- ☐ ☐ Questions about bottle introduction?
- ☐ ☐ Fundus
- ☐ ☐ Pregnancy Prevention Options

Final Postpartum Visit

NA

- ☐ ☐ Questions
- ☐ ☐ Chart Alerts
- ☐ ☐ Vitals
- ☐ ☐ Review NBS Results w/ Client/Contact DOH if not back
- ☐ ☐ Statistics: Feeding method (breast, formula, combo)
- ☐ ☐ Statistics: Reason for placenta encapsulation
- ☐ ☐ Statistics: Resumed Intimacy
- ☐ ☐ Statistics: Pregnancy Planning Method
- ☐ ☐ Statistics: Newborn Sleeping Location
- ☐ ☐ Statistics: Edinburgh Scale
- ☐ ☐ Retest GDM PRN
- ☐ ☐ Labwork PRN
- ☐ ☐ Pediatric Care Established?
- ☐ ☐ Diastasis
- ☐ ☐ Pelvic Floor Health
- ☐ ☐ Fundus
- ☐ ☐ Pap Smear